



## Suggested Timeline – Health, Part 2

This course is designed to be taken over one semester (18 weeks), you should aim to complete a unit every 2-3 weeks, spend 4 hours a week on the course. Remember every student is different, if you start to fall behind schedule increase your weekly study time. The course can be completed in a minimum of 30 days. You will need to adjust the timeline accordingly. The course will expire a year after the date of enrollment. If you need more time use the 'ask the teacher' page to request an extension. Here is our suggested timeline for completing the course:

| <b>Week</b> | <b>Activity Completion</b>                     |
|-------------|--|
| Week 1      | Lesson 1.1 to 1.3                              |
| Week 2      | Lesson 1.4 to 1.6                              |
| Week 3      | Lesson 1.7; Unit 1 - Assignment and Unit Test  |
| Week 4      | Lesson 2.1 to 2.3                              |
| Week 5      | Lesson: 2.4 to 2.6                             |
| Week 6      | Lesson: 2.7 to 2.8                             |
| Week 7      | Unit 2 - Assignment and Unit Test; Lesson 3.1  |
| Week 8      | Lesson 3.2 to 3.4                              |
| Week 9      | Lesson 3.5 to 3.7                              |
| Week 11     | Lesson 3.8; Unit 3 - Assignment and Unit Test  |
| Week 12     | Lesson 4.1 to 4.3                              |
| Week 13     | Lesson 4.4 to 4.6                              |
| Week 13     | Lesson 4.7 to 4.9                              |
| Week 14     | Lesson 4.10; Unit 4 - Assignment and Unit Test |
| Week 15     | Lesson 5.1 to 5.4                              |
| Week 16     | Lesson 5.5 to 5.7                              |
| Week 17     | Lesson 5.8; Unit 5 - Assignment and Unit Test  |
| Week 18     | Practice Final & Final Exam                    |

SVHS courses are broken down into units, we recommend that you focus on each unit at a time, don't move onto the next unit until you have completed all the quizzes, submitted your unit assignment and taken your unit test. Focusing on each unit will help you remember it better. Do the unit assignment before the unit test, the assignment requires you to apply the information you learned in the unit, and you'll be better prepared for the test.